

FRUITS

OF THE
Spirit



GALATIANS 5:22-6:10





GALATIANS

Galatians 5

²² But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. There is no law against these things! ²⁴ Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. ²⁵ Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. ²⁶ Let us not become conceited, or provoke one another, or be jealous of one another.

LOVE = Affection For Others

JOY = Exuberance About Life

PEACE = Serenity

PATIENCE = Willingness To Stick With Things

KINDNESS = Compassion

GOODNESS = Holiness In All Things

FAITHFULNESS = Loyal Commitment

GENTLENESS = Not Forceful

SELF-CONTROL = Directing Our Energy Wisely

**The fruits of the Spirit aren't food;
they're the satisfaction of having eaten.**



Galatians 6

¹ Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself. ² Share each other's burdens, and in this way obey the law of Christ. ³ If you think you are too important to help someone, you are only fooling yourself. You are not that important. ⁴ Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. ⁵ For we are each responsible for our own conduct.

**"CARITAS IN
VERITATE:**

*Truth may be vital,
but without love,
is unbearable."*

- Pope Benedict XVI



**The fruits of the Spirit
shouldn't be (initially)
outward focused;
they first must be
nurtured within.**



Galatians 6

⁶ Those who are taught the word of God should provide for their teachers, sharing all good things with them. ⁷ Don't be misled—you cannot mock the justice of God. You will always harvest what you plant. ⁸ Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit.

Galatians 6

⁹ So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. ¹⁰ Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.



**The fruits of the Spirit
aren't grown from
selfish-pride;
they take root
in a humble
Christ-centeredness.**

The fruits of the Spirit don't grow on their own; they need a tiny bit of our resolve and heaping handfuls of God's grace.



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