

The Call to Rest



GENESIS

Chapter 2:1-4

Genesis 2

¹ So the creation of the heavens and the earth and everything in them was completed. ² On the seventh day God had finished his work of creation, so he rested from all his work. ³ And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation.

God completed the work -
our job is to *rest* in Him



Mark 2

²³ One Sabbath day as Jesus was walking through some grainfields, his disciples began breaking off heads of grain to eat. ²⁴ But the Pharisees said to Jesus, “Look, why are they breaking the law by harvesting grain on the Sabbath?” ²⁵ Jesus said to them, “Haven’t you ever read in the Scriptures what David did when he and his companions were hungry? the Sabbath!”

Mark 2

²⁶ He went into the house of God (during the days when Abiathar was high priest) and broke the law by eating the sacred loaves of bread that only the priests are allowed to eat. He also gave some to his companions.” ²⁷ Then Jesus said to them, “The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath. ²⁸ So the Son of Man is Lord, even over the Sabbath!”

God's invitation to rest is divine and biblical



6 DAYS OF CREATION

- **Day 1 – time**

1:5“And evening passed and morning came, marking the first day.

- **Day 2 – sky space**

1:8“And evening passed and morning came, marking the second day.”

- **Day 3 – dry land from water**

1:13“And evening passed and morning came, marking the third day.

- **Day 4 – sun and moon to track time**

1:19“And evening passed and morning came, marking the fourth day.”

- **Day 5 – birds and fish**

1:23“And evening passed and morning came, marking the fifth day.”

- **Day 6 - animals, humans in God’s image to rule**

1:31“And evening passed and morning came, marking the sixth day.”

Genesis 2

¹ So the creation of the heavens and the earth and everything in them was completed. ² On the seventh day God had finished his work of creation, so he rested from all his work. ³ And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation. ⁴ This is the account of the creation of the heavens and the earth.

Matthew 11

²⁸ Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

**The Sabbath is not only one day a week
– the sabbath is ongoing and forever**





GENESIS