

The Gospel of **LUKE**



Chapter 12:22-34
The Wasted Energy of Worry

Luke 12

²² Then, turning to his disciples, Jesus said, “That is why I tell you not to worry about everyday life—whether you have enough food to eat or enough clothes to wear. ²³ For life is more than food, and your body more than clothing.

MERIMNAÓ

anxiety; a state of over-anxiousness



THE ISSUE: ANXIETY OVER BASIC PROVISIONS FOR LIFE



OUR RELATIONSHIP WITH GOD IS THE ESSENTIAL ELEMENT OF AN ABUNDANT LIFE



Luke 12

²⁴ Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! ²⁵ Can all your worries add a single moment to your life? ²⁶ And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things?

Luke 12

27 “Look at the lilies and how they grow. They don’t work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. 28 And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

**GOD CONTINUOUSLY PROVIDES FOR
CREATION, OF WHICH WE ARE PART**



**ANXIETY ABOUT PROVISION IS A
POINTLESS EXPENDITURE OF ENERGY**



Luke 12

29 “And don’t be concerned about what to eat and what to drink. Don’t worry about such things. 30 These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. 31 Seek the Kingdom of God above all else, and he will give you everything you need. 32 “So don’t be afraid, little flock. For it gives your Father great happiness to give you the Kingdom.

**TRUST IN GOD'S BENEVOLENT CARE WILL
PROPERLY RESHAPE OUR PRIORITIES**



Romans 14

17 “...the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit.

**TRUST IN GOD'S BENEVOLENT CARE WILL
PROPERLY RESHAPE OUR PRIORITIES**



Luke 12

³³ “Sell your possessions and give to those in need. This will store up treasure for you in heaven! And the purses of heaven never get old or develop holes. Your treasure will be safe; no thief can steal it and no moth can destroy it.

³⁴ Wherever your treasure is, there the desires of your heart will also be.

**INVESTING IN AND CARING FOR PEOPLE
RADIATES GOD'S LOVE INTO THE WORLD**



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